

# The 2025 Christmas Survival Guide (Written by Someone Who Has Definitely Lost Control)

Every December, Christmas sneaks up on us like a glitter-covered ninja warrior. One minute it's Halloween, and the next you're elbow-deep in tangled lights whispering, "Why do I do this to myself every year?"

But fear not. I've taken careful notes during years of holiday chaos, and I present to you:

## The Official Christmas Survival Guide

*(Because someone needs to let you know that this year with proper minute by minute planning you will get the turkey cooked on time and on the table, so you can listen to the Kings' speech on the telly.)*

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### 1. Gift Shopping: A Sport for the Brave

We all start with good intentions—"This year I'll plan ahead!"—and end with you panic-buying a waffle maker because it looked useful.

Holiday shopping is basically running to the shops on Christmas eve and buying presents that the receiver will be taking back to the shops on Boxing Day." It's Christmas norm isn't it.

Pro tip: If you ever want to see true human despair, visit a toy aisle the week before Christmas. It's where parents can age 10 years in 10 minutes. Take it easy, just remember when you see them happy it's worth the effort.

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### 2. The Tree: A Test of Relationship Strength

Setting up the Christmas tree is known by scientists (probably) as the #1 cause of seasonal arguments.

- **You:** "It's leaning."
- **Partner:** "It's FINE."
- *Tree falls over.*
- **You:** "I TOLD YOU."

Bonus: You will always discover one ornament you have absolutely no memory of buying. Where did it come from? Why is it shaped like a pickle? Who knows. Christmas magic.

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### 3. Holiday Baking: Expectations vs. Reality

Pinterest: “Make these adorable, snowy, perfect Christmas cookies!”

Reality: Your cookies look like they came out of a humidifier and survived a small explosion.

But remember: ugly cookies still taste good. And if you add extra frosting, anything becomes festive. Hey ho, it’s Christmas.

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### 4. Family Gatherings: The Olympics of Small Talk

It’s that magical time of year when relatives you haven’t seen since 2010 ask you:

- “So are you dating anyone?”
- “When are you getting married?”
- “Have you gained weight or is that just the sweater?”

Nothing says Christmas spirit like smiling while slowly screaming on the inside.

Hey ho, it’s Christmas.

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### 5. Santa: The Original Sneaky Influencer

Honestly, Santa is the only man who can:

- Work one night a year
- Eat unlimited cookies
- Break into houses
- And still be adored by millions

We want his PR team.

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### 6. Christmas Movies: The True Escape

You know the rules:

- If it’s set in a small snowy town
- If someone has a job like “corporate lawyer who forgot the meaning of Christmas”
- If there’s a good-looking gardener who looks suspiciously like a runway model

You MUST watch the movie. For real there are some good movies out there just book, your chair, bed or comfy corner and start watching, whether it’s a weepy, thriller or comedy immerse yourself and enjoy.



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## 🎄 7. In the End... The Magic Is Real

Yes, the season is chaotic. Yes, you will wrap at least one gift using a grocery bag. Yes, and someone will *definitely* forget the batteries. Make sure its not you.

You will creep down to the kitchen when you think everyone is sleeping and have a bit of the baked ham or roast chicken that is begging to be eaten.

But then the lights glow, the room quiets, the cookies (even the ugly ones) are eaten, and suddenly you remember why we do it:

Christmas is weird.

Christmas is messy.

Christmas can be sad.

Christmas is for the young and the old alike.

Christmas is magical anyway. Let's remember the true meaning and why we celebrate ✨

Just enjoy and be kind to each other if you can and remember we have 2026 to look forward too.

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## Happy Christmas

